



HEALTHY MOTHERS, HEALTHY BABIES NEWSLETTER

STATE DOCUMENTS COLLECTION

2030 Eleventh Avenue, Suite 10 • P.O. Box 876 • Helena, Montana 59624 • (406) 449-8611

Summer/Fall 1990

DEC 24 1991

Volume 2, No.2

MONTANA STATE LIBRARY
1515 E. 6th AVE.
HELENA, MONTANA 59620

HMHB Participates In Child Health Day

The national celebration of Child Health Day will be held October 1, 1990. This year's theme, *Adolescent Health* provides a unique opportunity for HMHB and the PATH projects to heighten public awareness of this important issue.

As one Child Health Day event, HMHB published results of a statewide poll of Montana residents' attitudes toward teen sexuality and sexuality education. The report includes comparisons with HMHB's 1988 teen health study, reflecting changes in attitudes between 1988 and 1990, as well as regional breakdowns. Both polls were conducted by Howard/Johnson Associates of Helena.

Initial results of the survey indicate strong support (85%) for providing sexuality education in public schools. 29% of those surveyed believe that sexuality education should be taught in all grades, and 31% believe it should start in elementary schools. 82% of the responses indicate the belief that sexuality education would help reduce unplanned pregnancy.

While only 30% of respondents answered that it is appropriate for teenagers in high school to be sexually active, 88% answered that they should have access to, and reliable information about, birth control methods.

In addition to the release of the survey results report, local HMHB and PATH coalitions sponsored events for Child Health Day around the state.

Initiative 115 Qualifies for November Ballot

After three attempts to convince the Montana legislature to take the lead in preventing illness and slowing the rising costs of health care for Montanans, The Coalition for A Healthy Montana took its plea to the people and successfully gained enough support to place Initiative 115 on the November ballot. The initiative is designed to prevent increases in tobacco use through an increased tax on tobacco purchases, and, in turn, use tobacco tax revenues to mitigate the negative effects of tobacco use in Montana.

Initiative 115 would raise the tax on a pack of cigarettes by 25 cents (from 18 to 43 cents), and increase the tax on other tobacco products from 12.5% to 25%.

A total of 19,864 signatures and 42 qualified legislative districts certified by the Secretary of State surpassed the minimum requirements to qualify the Tobacco Tax Initiative (115) for the November election ballot. Just 18,351 signatures and 34 districts were needed. Nearly all of the signatures were gathered from June 1 to June 29. The results were well balanced: seven of the eight largest counties certified more than 1,000 signatures each, and 55 of the 100 legislative districts each had more than 100 signatures.

Tobacco-related illness and health problems are the number 1 preventable health care problem in American society. Under our state's current tobacco taxation system, Montanans who *don't* use tobacco help subsidize over \$250,000,000 annually in health

Healthy Mothers, Healthy Babies

The Montana Coalition

Board of Directors

Officers

President: Marietta Cross, RN
Missoula Community Hospital

Vice Pres.: Joan Fitzgerald
Shodair Children's Hospital

Secretary: Donald E. Espelin, MD

Treasurer: Karen Northey
Florence Crittenton Home

Doris Biersdorf, Yellowstone
City-County Health Department

Betty Hidalgo, RN
Great Falls Clinic

Richard B. Offner, Ph.D.
MUAPS Project, University of MT

Staff

Executive Director:
D. Elizabeth Roeth, RNC, MBA

Assistant Director: Judy Garrity

Administrative Assistant:
Elsie Armstrong

Newsletter

Editing, Design & Typesetting:
Suzanne Wilcox,
McKibben & Wilcox

care costs, increasing insurance premiums, and the expense of lost productivity of tobacco users. That equals 20% of the state's entire annual budget. Montanans pay \$3.51 for each of 72 million packs of cigarettes sold in the state every year.

continued on page 2

Montana State Library



3 0864 1006 6049 0

President's Message

Marietta Cross, RN

I was tired last week. It has been a busy, short summer, with weddings, visitors, trips and work. The endless stream of depressing news about health care that came across my desk did not contribute anything toward relaxation and rejuvenation. I really was beginning to feel old, and on top of that, increasingly pessimistic. What can you say in a message to friends, peers and people you care about throughout Montana that will convey hope, renewed dedication and a feeling of accomplishment? You are all probably as tired and discouraged at times, as I am. I needed some inspiration and I found it in the writings of Will Durant. I would like to share them with you. He speaks about children, those spontaneous, coordinated, unhypocritical, direct and natural animals, that we all were at one time and occasionally long to be again.

"See him, the newborn, dirty but marvelous, ridiculous in actuality, infinite in possibility, capable of ultimate mystery...growth. Can you conceive it-- that this queer bundle of sound and pain will come to know love, anxiety, prayer, suffering, creation, metaphysics, death? He cries; he has been so long asleep in the quiet warm womb of his mother; now he is suddenly compelled to breathe, and it hurts; compelled to see light, and it pierces him; compelled to hear noise, and it terrifies him. Cold strikes his skin, and he seems to be all pain. But it is not so; nature protects him against this initial onslaught of the world by covering him with a general insensitivity. He sees the light only dimly, he hears the sounds as muffled and coming from afar. For the most part he sleeps.

His mother calls him a little monkey, and she is right; until he walks he will be like an ape, and even less of a biped, the womb-life having given him funny little legs the angularity of a frog's. Not till he talks will he leave the ape behind, and begin to climb perilously to the stature of man. Watch him, and see how bit by bit, he learns the nature of things by random movements of exploration. The world is a Chinese puzzle for him;

and these haphazard responses of grasping, biting and throwing are the pseudopodia which he puts out to a questionable and dangerous experience. Curiosity consumes and develops him; he would touch and taste everything from his rattle to the moon.

This child might be the beginning and the end of our philosophy. In his insistent curiosity and growth lies the secret of all metaphysics; looking upon him in his cradle, or creeping across the floor, we see life not as an abstraction, but as a flowing reality that breaks through all our mechanical categories, all our physical formulas. Here is the expansive urgency, this patient effort and construction, this resolute rise from helplessness to power, from infancy to maturity, from wonder to wisdom -- here is the Unknowable of Spencer, the Noumenon of Kant, the Ens Realissimum of the Scholastics, the Prime Mover of Aristotle, the To ontos on, or Thing That Really Is, of Plato; here we are nearer to the basis of things than in the weight and solidity of matter, or in the wheels and levers of a machine. Life is that which is discontent, which struggles and seeks, which fights to the very end. No mechanistic scheme can do it justice, or understand the silent majesty of growth of a tree, or compass the longing and tenderness of children."

Children are usually not a budget priority in our government. They don't vote. Those who need the greatest amount of intervention often come from families who are the least able to articulate their needs. What we do is important. The Coalition we represent and in which we work provides a collective voice for them, as well as a support system for those of us who flounder at times and become disillusioned. We go beyond mom, the flag and apple pie. What we do or don't do for children in this state of Montana will have impact long after you and I are gone.

"No man stands as tall as when he stoops to help a child."

Initiative 115 -- continued from page 1

Tobacco use and nicotine addiction usually start in adolescence. The Institute for the Study of Smoking Behavior at Harvard University projects that tax increases at the level proposed in I-115 would result in a 21.5% decrease in the number of teens who start smoking, and a 15.4% increase in the number of teens and adults who quit smoking.

Many obstacles have already been overcome. The support demonstrated by all those involved in gathering signatures and promoting the initiative indicates that I-115 stands a good chance of winning in November. However, the tobacco companies have already geared up to fight the initiative.

More help is needed from Montana citizens to raise a campaign budget and insure passage of I-115 in November. The tobacco industry has already dedicated a minimum of \$250,000 to defeat I-115.

To help I-115 compete with the international corporate power and money of the tobacco industry, please send donations to:

Initiative 115 Campaign
c/o Robert M. Shepard, MD
820 North Montana Avenue
Helena, Montana 59601

REMEMBER -- YOUR VOTE COUNTS ON NOVEMBER 6!

Baby Your Baby Campaign Launched

Funding has been received and a production contract signed to launch the "Baby Your Baby" Campaign in Montana. Baby Your Baby is a two-year multi-media public education and community outreach program designed to address issues of infant mortality and morbidity in the state. Early and repeated prenatal care will be promoted using television, radio, print advertising, outdoor posters, print support materials, exhibits and special events. The tone of the campaign will be positive, offering support and encouragement to expectant mothers. The focus will be good prenatal health, the need for the mother's family and community to nurture and assist her in having the best pregnancy possible will be emphasized. It likewise supports, in an appropriate way, the coming of life and the quality of that life.

"Baby Your Baby" was first utilized as the name of a model campaign in Utah. Since then it has been acclaimed by the National Governors Association as "the best outreach program in America" and has been developed into a national campaign. Montana's statewide effort will be modeled after the successful Utah campaign.

A contract has been signed between the Montana Department of Health and Environmental Sciences and Healthy Mothers, Healthy Babies to conduct the campaign. Elizabeth Roeth, Executive Director, HMHB, is the campaign coordinator and will assign additional staff to the project as funds become available and the work load necessitates. Don Espelin, MD, has been retained as technical advisor to the project.

Demonstrating a true public/private partnership, costs of the campaign will be underwritten by organizations representing both sectors. Four major sponsors will receive high visibility, and other sponsors are being sought for individual campaign elements.

A "Baby Your Baby" steering committee made up of representatives from various and diverse organizations has

been formed to help assure that all target audiences are reached. Subcommittees will focus on specific tasks relating to technical guidance, information and incentive, referral, evaluation, underwriting and media review. An executive committee, consisting of Nancy Ellery, SRS; Chuck Butler, Blue Cross, Blue Shield; Maxine Ferguson, DHES; and Elizabeth Roeth, HMHB, will provide the overall guidance and have final approval on all campaign elements.

The campaign's primary target audience is high-risk women including teenagers, alcohol and/or drug addicted or affected women, Native Americans, and low socio-economic groups including the homeless. Secondly, all women of child bearing age are targeted. All populations will be targeted through television and radio. In addition, mailings of campaign materials will be made to public schools, alcohol and drug abuse treatment centers, social and health service providing agencies, food banks and shelter programs; posters will be displayed in those locations; and transit advertising (e.g., busboards) and billboards will exhibit the campaign's messages. Tribal councils will be involved in developing and distributing materials to Native American populations, health and social service organizations and community groups serving the population.

HMHB is working with Continental Productions in Great Falls to produce and distribute all video campaign elements. KTGF in Great Falls will be the program originator and network anchor. Television stations have been identified in Billings, Helena, Bozeman, Butte, Missoula, and Kalispell to participate as network affiliates. Primetime half-hour documentary programs will be aired as a part of the campaign. Public service announcements and multi-part news series will also educate viewers and publicize the campaign's message, as well as providing campaign information and incentives, and promoting the documentaries.

An integral part of the effort will be an incentive program designed to serve the dual purpose of encouraging expectant mothers to enroll in the program and providing a tool for tracking participation in the program. The incentive element was proven to significantly improve response from target groups.

The campaign consists of four sub themes which will be publicized consecutively. Beginning with a generic overview of the infant mortality and morbidity problem in Montana, and moving into the political, health care and social issues surrounding prenatal care, and information to and about high-risk pregnancy populations, the campaign will be progressively educational and informative.

The two-year Baby Your Baby campaign is one of HMHB's most ambitious endeavors. All of those who have worked so hard to make it possible deserve special praise for their creativity and dedication.

~~~~~

### HMHB New members:

*(since publication in previous newsletter)*

#### Individuals

Pat George, Missoula  
Linda Healow, Billings  
Siobhan McNally, MD,  
Butte

#### Organizations

Eastern Montana HMHB  
Coalition, Fairview  
Montana Public Health  
Partners, Missoula

### HMHB

#### 1990 Sustaining Members:

Donald E. Espelin, MD,  
Helena  
Leonard Kaufman, Ph.D.,  
Billings  
Lindsay Richards, MD,  
Missoula

## Montana Children's Alliance -- *Children's Agenda* Drafted

The Montana Children's Alliance exists for the purposes of educating Montana policy/decision makers about current children's issues and providing viable solutions to those issues. Members work together to develop a document for each legislative session called the *Montana Children's Agenda*.

Alliance members have drafted the 1991 *Children's Agenda*, containing 34 items relating to health, education and mental health/social services issues. After many months of intensive research, discussion, and planning, the issues were conclusively determined at the June MCA retreat which was dedicated to finalization of the Agenda. Each agenda item was passed through a consensus process, assuring that each recommendation has the support of all individuals involved. The Agenda includes the following:

### HEALTH

MIAMI Project  
Montana Medical Genetics Program  
Well Child Care  
State Immunization Policy  
Measles Prevention  
Maintain Vaccine Supply at Public Clinics  
Prof. Nursing Consultation Functions  
Family Planning Services  
Public Health Education Specialist  
Food Stamp Outreach  
Access to School Food Programs  
WIC Program in all Counties  
Governor's Council on Food and Nutrition  
State Nutritionist  
Access to Dental Care  
The School-Based Fluoride Swish Program  
State Center for Health Statistics

### EDUCATION

Group Child Care & Preschool Regs  
Statewide Resource and Referral  
Funding Montana Accreditation Standards  
Corporal Punishment  
Montana Tobacco Tax  
Sale of Tobacco to Minors Control Act

### MENTAL HEALTH/SOCIAL SERVICES

MT Family Policy Act: Vision for the 90's  
Staff needs for the Dept. of Family Services  
Child Protection Services to Native American Children on MT Reservations  
Part H Early Intervention  
Big Brothers/Big Sisters  
Family-Based Services  
Establish Minimum of Two Additional Adolescent Day Treatment Programs  
Assuring Permanent Homes for Children  
Quality Youth Residential Care  
In-State Resources to Meet the Long-Term Care Needs of Chronically Mentally Ill Children and Youth

Plans are to distribute the *Children's Agenda* on October 1, Child Health Day, the theme of which is Adolescent Health: Links to the Future.

~~~~~

MCA is currently seeking Endorsing Organizations whose names will be printed on the final 1990-91 Children's Agenda. For more information, contact HMHB.

MONTANA COUNCIL FOR MATERNAL AND CHILD HEALTH LEADERSHIP ISSUES '91

The Council has adopted a slate of issues on which it will take the lead in both executive and legislative advocacy.

IMMUNIZATION SUBSIDY FROM GENERAL FUND: Montana is the only state in the northwest that does not provide state money to supplement federal vaccine for routine childhood immunizations. The governor's current budget does not include any state funds for this project.

EXPANSION AND EXTENSION OF MIAMI PROJECT: The Montana Initiative for Abatement of Mortality in Infants (MIAMI) Project is scheduled for a legislative sunset in 1991. The low birthweight clinic program, especially, has been successful in reducing low birthweight babies among clients of the 7 pilot grantees. MCMCH supports extension of the project, and *expansion* to 16 clinic sites statewide. The governor's budget currently provides funds for continuation, but not expansion, of the MIAMI project, and for case management portion of the clinical project (including expansion) through Medicaid matching funds in the SRS budget.

CHILD HEALTH INSURANCE PACKAGE: This bill, with sponsorship by the American Academy of Pediatrics, requires family health insurance policies in Montana to cover well-child care, including regular immunizations, as part of the basic coverage. Studies show that children who receive inexpensive well-child care are significantly less likely to develop more costly diseases.

TOBACCO TAX INITIATIVE # 115: The Council has supported this initiative since the initial drafting stages. If it

passes in November, 25 cents per pack will be added to the cigarette tax, raising an estimated \$16 Million per year in new revenue for a Tobacco Education and Preventive Health Care Fund in DHES, providing grants for research, education, and treatment for tobacco-related conditions and prenatal care. According to the latest Eastern Montana College Poll, 61.2% of Montanans support the tax. But the tobacco industry has already begun its opposition campaign, and funds are needed to meet the challenge. Be sure to VOTE for initiative #115 in November.

"KIDS COUNT," is the title of the comprehensive recommendations of the Maternal and Child Health Subcommittee of the Governor's Cabinet. MCMCH has formally endorsed the *Kids Count* agenda, which addresses access to care, quality of care, and coordination of services for children in Montana.

MCMCH will also take a supportive role in lobbying: to permanently fund the Montana Medical Genetics program, to establish a state health statistics function, to maintain state family planning funding, and to support the work of other groups as new maternal and child health issues arise.

Membership in the Council, a 501(c)(4) corporation, is not tax deductible, but it does support vital educational and lobbying efforts in Maternal and Child Health. Dues of \$25.00 include a subscription to the MCH Monitor, a quarterly Montana health policy newsletter, and the MCH Advocate, a grassroots advocacy advisory. Send your check to MCMCH, 2030 11th Ave., #10, Helena, MT 59601.



HEALTHY MOTHERS, HEALTHY BABIES

PATH PROJECT

Promoting Action for Teen Health

2030 Eleventh Avenue, Suite 10 • P.O. Box 876 • Helena, Montana 59624 • (406) 449-8611

EVALUATION WORKSHOP

On August 16 and 17, 1990 HMHB hosted an evaluation workshop for local coalitions, as well as representatives from the state's seven low birth weight clinics who deal with a large number of pregnant teens. The workshop was conducted by James L. Peterson, Ph.D. and Catherine Greeno, Ph.D. of Social Research Applications (SRA), a California-based nonprofit organization. Thirty-five representatives from Montana organizations participated in the two-day function.

NationalNet of SRA has established comprehensive evaluation processes for teen pregnancy programs. The service consists of three different levels and can be used in part or in full. HMHB was selected by NationalNet as one of only four programs in the country to undergo a completely funded, full-scale evaluation. Other participants of the August workshop

were given the opportunity to undergo a level one evaluation, and to design and develop their own objectives for program evaluation.

The purpose and advantages of extensive evaluation are numerous. Beyond an agency's obvious desire for program effectiveness, funders and policy makers are increasingly requesting evidence of effectiveness for programs they are considering supporting. In addition, evaluations help an agency to determine what aspects of their program are most useful and successful, and which portions of the population they are reaching, and for which they need modified methods. Crucial information is gathered through the evaluation process to help prevent pregnancy and intervene in the lives of troubled teens. Information dissemination and data documentation allows related agencies and services to gain valuable insights.

PATH Coalitions Receive Funding for Prevention Work

Three PATH coalitions, Great Falls, Butte, and Polson/Flathead Indian Reservation, were instrumental in gaining funding for their coalitions from the Department of Institutions for drug and alcohol prevention projects. Each project received a one-year \$57,000 grant. The Fort Belknap Community College also received Department funding. HMHB plans to assist the fledgling Fort Belknap coalition to work closely with the community college.

Congratulations to each of the coalitions!

Indian Advisory Group

The Indian Advisory Group has developed a strategy for building coalitions in reservation communities. The strategy includes:

- 1) hiring a Native American staff person who is skilled in community development;
- 2) holding initial planning sessions with key community leaders;
- 3) establishing a core group;
- 4) assisting established coalitions to act as mentors for new coalitions;
- 5) new coalitions would be part of the IAG and PATH Task Force;
- 6) HMHB would facilitate a coalition-building workshop and additional training; and
- 7) HMHB staff would make site visits on a quarterly basis. This labor-intensive plan is contingent on finding additional revenues to put the plan into action.

ANNOUNCEMENT

Barb Plouffe, of the Flathead Tribal Health Department, was selected on Nurses Day 1990 as the Billings Area Public Health Nurse of the Year. Barb's commitment and caring is felt in, not only the Health Department, but also by IHS, Tribal Health, in her local community, and not least, by her colleagues and friends at HMHB. Congratulations for the well-deserved recognition, and many thanks, Barb, for your dedication and caring.

HMHB Receives the American Medical Association Recognition of Excellence Award

Healthy Mothers, Healthy Babies, The Montana Coalition was recently selected to receive the Recognition of Excellence award for work in the area of coordination of adolescent health services within a state, in the AMA National Congress on Adolescent Health Awards Program. HMHB was chosen as one of 33 American Medical Association national winners, and the only program recognized from the state of Montana.

This kind of recognition is indicative of our real successes -- making a difference in human lives. Thanks to all who have worked and continue to work for such successes.



Call for Presentations

1991 Montana Youth in Crisis Conference

March 28-29, 1991

Sheraton Inn, Great Falls

"Youth in Crisis: Solutions"

The 1991 Montana Youth In Crisis Conference planning committee is seeking presentations and seminars for a March 28-29, 1991 Conference in Great Falls. You can nominate yourself or someone you feel should be considered, and has agreed to participate. All proposals are welcome. Each will receive thoughtful consideration.

The 1991 Youth in Crisis conference will include more than 6 hours of seminars centered on the theme "Youth in Crisis: Solutions." The conference goal is to highlight community-based programs that are successfully working across the continuum of care to make a difference in the lives of Montana young people. Rather than focus on youth problems, the desire is the exchange of ideas from successful program models.

For more information contact: Curt Campbell, Conference Coordinator, Opportunities, Inc., P.O. Box 2289, Great Falls, Montana 59403, (406) 761-0310

"If there is anything that we wish to change in the child, we should first examine it and see whether it is not something that could be better changed in ourselves... children are educated by what the grown-up is and not by his talk."

— Dr. Carl Jung

New Book

School-Age Parents: The Challenge of Three-Generation Living

School-Age Parents: the Challenge of Three-Generation Living by Jeanne Warren Lindsay provides insights and steps toward solutions to the family crises that occur when a teen-aged daughter has a child.

Lindsay has talked with hundreds of teenage parents and their parents in her work as coordinator of a southern California school-based program for pregnant and parenting adolescents. In addition, she interviewed twenty-eight three-generation families from various areas of the U.S. and shares the expertise of those families through *School-Age Parents*. Copies are available (Cloth, \$17.95; Paper, \$10.95) from the publisher:

Morning Glory Press
6595 San Haroldo Way
Buena Park, CA 90620

Youth Yellow Pages Delivers Crucial Information About County Youth Services

Through a special arrangement with the Healthy Mothers, Healthy Babies' PATH Task Force, each Montana county is given the opportunity to compile a county-specific Youth Yellow Pages booklet at minimal cost. The Task Force has compiled the youth resource booklet containing state-specific information, and has made arrangements with a Helena area firm, McKibben & Wilcox, to incorporate county-specific information with great ease and efficiency to counties.

Why Youth Yellow Pages?

Many difficulties faced by youth in our complex society are compounded by inadequate information. Faced with a decision and little or no knowledge of issues involved, many adolescents will make a mistake rather than admitting ignorance. Many believe that asking for help is an admission of dependence. The *Youth Yellow Pages* is a tool to help youth overcome the difficulties of being young -- a thorough resource specifically designed for use by adolescents.

It is more than a simple resource list. Not an abridged version of a directory designed for adults, *Youth Yellow Pages* contains an abundance of valuable, well-researched basic information especially pertinent to the needs of young people. It is filled with facts and tips about rights and responsibilities as well as guides to local resources. Topics covered range from job seeking, health care, and a wide range of other living skills to facts about the law, answers to drug and alcohol questions, and guidance concerning sexual abuse.

A County-Specific Version for Your County

The *Youth Yellow Pages* is computer generated using advanced desktop publishing techniques. Thus, a county-specific version can be created for your county at a fraction of the cost you would normally expect to pay. For a base cost of just \$51.50 you can have a complete, 5-1/2" x 8-1/2", 40-page booklet ready to print. It will contain addresses, telephone numbers, and descriptions of services offered in your county. All you have to do is fill out a form itemizing information about youth services. In turn you will receive reproduction quality pages ready to duplicate.

Extremely Flexible

You can stay within the basic 40-page format or, for additional costs, add or delete sections. In a few words, you can modify the basic *Youth Yellow Pages* to create a version that precisely fits the needs of your county.

You may choose to take advantage of this opportunity to publicize your own county-specific information, additional agencies or categories, or even include advertising. County agencies may want to pool resources and include display ads describing in more detail the services and opportunities available through each.



Authoritative Information

The *Youth Yellow Pages* boasts the expertise of a team of individuals who work with youth -- professionals in each of the specific fields covered in the book. Writers and editors, worked together to research, compile, amend, and polish the text. Then each section was reviewed by other professionals. That work was coordinated by The Montana Healthy Mothers, Healthy Babies PATH (Promoting Action for Teen Health) Task Force, a statewide organization representing various sectors of Montana communities including educational organizations, governmental and non-governmental agencies, social service agencies, community-based youth programs, and churches. The Task Force is dedicated to increasing the capability of local communities in Montana to promote healthy lifestyle choices and prevent high risk behaviors among the state's young people.

How to Get the Youth Yellow Pages for Your County

To receive a complete package containing the skeleton *Youth Yellow Pages* document, as well as forms for providing county-specific information and complete information for ordering the *Youth Yellow Pages* for your county, contact HMHB. By requesting the complementary package, you are in no way obligated to purchase the *Youth Yellow Pages*.

PATH Update

Great Falls Coalition

The Great Falls local coalition has successfully merged with two other groups in Great Falls, a "Making the Grade" committee and a community core team dealing with youth chemical dependency issues.

The "Making the Grade" committee grew out of a local meeting (one of many such meetings held nationwide) after an ABC television broadcast last September. The broadcast focused on six problems of young people: unemployment, juvenile delinquency, teen pregnancy, substance abuse, illiteracy and dropping out of school. The community core group has been in existence for nine years dealing exclusively with chemical dependency issues.

Barbara Holden, chairperson of the Great Falls PATH Coalition since its inception, chairs the coalition.

Butte Teen Project Coalition

The Butte Teen Project Coalition has created two Teen Advisory Committees which work with the Adult Advisory Committee to the YMCA Teen Director, as well as with the Coalition. One of those committees is composed of 15 middle school teens, and the other of 15 high school teens. The individuals were selected through a multi-phase process beginning with all high school and middle school students in Butte receiving information and application materials. Of 350 students who returned the forms, 30 students from cross-cultural backgrounds were selected through teacher recommendations and the Butte Indian Alliance. These teen committees will provide valuable input for proposed teen activities.

Billings

The Yellowstone Valley HMHB Coalition has been busy identifying prevention projects in Yellowstone Valley, and assessing pregnancy prevention knowledge, attitudes, beliefs and behaviors of a representative group of teens and preteens in the Valley. The next step is to study and implement a

plan of action to increase community awareness of teenage pregnancy prevention needs in the Yellowstone Valley region.

Polson/Flathead Indian Reservation

The Teen Task Force held a self-evaluation and planning retreat in May which was co-facilitated by Rob Sand and Elizabeth Roeth. The session aided Task Force members in clarifying their short- and long-range goals and objectives, and in identifying methods to achieve those objectives.

The Task Force is now the umbrella for all activities related to youth health issues on the Flathead Indian Reservation.

Michael Pritchert, a nationally-recognized motivational speaker, has been engaged by the Task Force to spend two days in September in two local schools. Follow-up assemblies will be held to complement the health curriculum.

Fort Belknap Indian Reservation

A coalition building workshop will be provided by the HMHB staff to the Fort Belknap community in early Fall. The workshop will assist local community leaders in conducting a needs assessment and identifying action projects for the coming school year.

Lame Deer/Northern Cheyenne Indian Reservation

A community forum was held in March which attracted a number of community leaders and personnel from community service agencies. The coalition is planning a health fair to be held in October which will appeal to the community at large.

White Sulphur Springs

In April, the coalition facilitated a town meeting which was attended by approximately 72 parents and their teen aged sons or daughters. The meeting focused on the needs of teens

and means by which those needs could be addressed. In May, the coalition invited Melissa Kaiser, Director of the Center for Adolescent Development, to present information regarding the Montana Teens in Partnership (TIP) Program for youth leadership development.

Sanders County

A new PATH coalition in Sanders County is being developed. In June, a coalition building workshop was held in Plains. The workshop, organized by personnel from the Clark Fork Valley Hospital, was attended by 30 community members. The agenda included an overview of HMHB and of maternal and child health in Montana, as well as in Sanders County. Participants were assisted in identifying the elements of a successful coalition and in defining activities which would keep enthusiasm and productivity high. Teen pregnancy was identified as a major concern in the county.

Eastern Montana

The Eastern Montana chapter of HMHB conducted an initial baby food drive in May. This activity is now a continual effort within the community.

The coalition has also initiated a goal-setting curriculum for 11th and 12th graders, which will assist them in identifying short- and long-term goals and in learning skills to turn those goals into realities.

In August, the coalition set up a booth at the Richland County Fair, wherein materials on maternal and child health issues were distributed.

Helena

Kate McIvor, with Lewis & Clark County Health Department, has recently agreed to chair the teen coalition. Kate's specialty is in community development, and will be working with the five existing committees, coordinating their functions.

Montana Perinatal NEWSLETTER

The Newsletter of the Montana Perinatal Association

Fall 1990

President's Message

Mary Ann Carlson, President

This has been a good year for the Montana Perinatal Association. The April 27-28 Annual Meeting in Butte was a great success, with presentations by Ronald and Bonnie Chez the highlight. Although the weather did not cooperate (it snowed), participants commented positively. The April 1991 meeting will be in Great Falls.

As discussed at the annual meeting, the executive committee will be looking at some difficult issues at their September meeting. One of these issues is how to maintain interest and activity in the Montana Perinatal Association.

Another issue of present concern is whether MPA should remain a part of the National Perinatal Association. The NPA has recently decided to include a subscription to the Journal of Perinatology as a member benefit. While the NPA council is looking at creative ways to fund the service, increased membership fees to partially cover costs are probable. Montana Perinatal Association members must seriously consider whether or not we choose to continue our organization membership to the na-

tional association if membership fees are substantially increased.

Some advantages of NPA membership are:

1. Large maternal and child health lobbying group in Washington to which Montana's particular concerns can be communicated
2. NPA quarterly newsletter, *The Bulletin*, informing MPA members about current issues before Congress, as well as other states' issues and concerns
3. Assistance at the state level in forming and maintaining the state organization.
4. Access to information and resource bureau, and speakers bureau
5. Conferences, CME/CEUs, savings on conference registration

If you have comments or input for the executive committee, please contact me:

Mary Ann Carlson
Box 1459
Columbia Falls, Montana 59912

THANK YOU.

Leadership Seminar

The 1990 Leadership Seminar was held in Washington, DC in July. Hot and humid weather did not slow productivity.

One concern discussed was the increased membership fee to which many member states are opposed. Different ideas such as charging a flat fee to each member and combining a flat fee with state fees were exchanged.

Discussions on how to network with other maternal child health groups were interesting.

An important issue for the NPA this year is substance abuse with the concomitant issue of access.

Alan Blum of DOC was the banquet speaker. He gave a useful and humorous commentary on techniques to decrease smoking. He cited such mediums as advertising, posters, tee shirts and stickers, with thought provoking slogans such as "emphysema slims" and "barfboro."

Kenneth Gross gave an informative presentation on how to avoid the lobbying pitfalls (i.e., the government, IRS, and other agencies waiting to trip one up).

Montana Perinatal Association and the National Perinatal Association

For the past four years the Montana Perinatal Association has been a member of the National Perinatal Association. As is indicated by the NPA Newsletter sent to all MPA members, the NPA has become involved at the national level in all facets of perinatal and infant care. This organization has developed the expertise necessary to allow it to have a significant impact on federal maternal-child legislation. The Montana

Perinatal Association is proud to be a part of the national association.

There is, however, a price to pay. The price of NPA membership is \$15 and is likely to increase. The current cost of MPA membership, which includes the \$15 national dues, is \$25 per year. There is concern that the cost of membership may become a deterrent for many Montana perinatal care providers.

Currently, MPA membership is down by 20 to 25 percent (from 125 members in 1988 to 105 members now). Concerns about membership, dues, association with HMHB, as well as the direction of the Association will be topics for the Executive Committee at the September meeting. Above all, the MPA exists to address the special perinatal needs of Montana.

Invitation to Attend NPA Conference

The Family: Social Dynamics & Healthcare November 15-18, 1990

NPA's Annual Clinical Conference will be held November 15-18, 1990 in New Orleans. The 1990 theme, "The Family: Social Dynamics & Healthcare" will be explored through plenary sessions, workshops, and panels presented by local, state and national leaders in perinatal health.

This year's program promises to provide a challenging, thought-provoking environment for attendees from multidisciplinary backgrounds. Recognized experts from a variety of fields will come together to explore topics such as: the social dynamics of the family; the health status of our nation's families; the outlook for children in the 1990s; the economic realities of providing perinatal care; the problems of substance abuse and its impact on the family; human sexuality and its consequences; and updates in perinatal and neonatal clinical practice.

The sweeping and sometimes unsettling social dynamics of the 1980s are shaping the social patterns and health care in the 1990s. The *Family* has taken on new definitions and compositions, yet continues to be the most important and enduring element in this society's social structure. In addition, socio-economic components such as escalating health care costs, and increasing numbers of uninsured, unemployed and homeless individuals affect family and perinatal health care providers. NPA's 1990 Clinical conference will explore the repercussions of such social dynamics in depth.

To register or for more information about *The Family: Social Dynamics & Healthcare* contact:

National Perinatal Association
101-1/2 South Union Street
Alexandria, VA 22314-3323
(703) 549-5523

Modern Miracle Drug, Artificial Surfactant, Helps Premature Babies in Montana

Following the discovery of the role of lung surfactant in neonatal respiratory distress syndrome (Hyaline Membrane Disease) in 1950, there were numerous attempts to produce an artificial surfactant. Despite early failures, new insight into the biochemistry and physiology of lung surfactant made possible the development of replacement surfactant. Replacement surfactant produced either with the use of calf lung surfactant or with non-protein chemicals, has been available in Japan and in Europe for several years. Under research protocols in the U.S.A. replacement surfactant has been used to treat more than 10,000 infants. In Montana, during the last several months, an artificial surfactant, Exosurf, has been used under a research protocol in Butte, Billings, Great Falls, and Missoula. In August of this year, the Exosurf surfactant replacement was approved for general use by the food and Drug Administration. More than 150 babies born in Montana will benefit from the drug next year.

Administration of the Exosurf is via endotracheal tube and requires that the infant be mechanically ventilated. The drug can be used soon after birth in low and very low birth weight babies for prophylactic treatment of Respiratory Distress Syndrome. Alternatively,

it can be used during the first 24 hours of life to provide rescue treatment for babies who have developed clinical signs of Respiratory Distress Syndrome.

The artificial surfactant seems to be a very safe drug. Most of the complications attributed to the use of artificial surfactant seem to be related to the increase survival of very low birth weight babies of less than 1200 grams. In these babies, the replacement surfactant has made significant improvements in survival. These babies still have many problems which can not be solved with surfactant including susceptibility to infections and special nutritional needs. Early diagnosis and management of patent ductus arteriosus is necessary when Exosurf is used. Unfortunately, in the very low birth weight baby, the chronic lung disease of broncho-pulmonary dysplasia has not been eliminated.

With the release of the drug for general use, most perinatal care providers in Montana will become familiar with the use of artificial surfactant. Level II nurseries will be using the drug routinely. Babies born in Level I hospitals may be given treatment by the transport team prior to transport. The excellent survival rate of Montana's neonates should continue to improve with the use of replacement surfactant.

***Lend your support to
Perinatal Education in Montana
Join the Montana Perinatal Association***

Contact: Marietta Cross, 728-4100 ex. 5297 (Missoula)

~~~~~

**PLAN AHEAD:**

Montana Perinatal Association Annual Meeting  
April 19th and 20th  
Heritage Inn



# Certificate of Birth in the state of MONTANA



NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

Name to appear on certificate (please type or print)

Date of Birth: \_\_\_\_\_

Enclose check or money order made out to Healthy Mothers,  
Healthy Babies in the amount of \$17.00  
(\$15 Tax-Deductible Contribution plus \$2 postage and handling)

## HEALTHY MOTHERS, HEALTHY BABIES 1990 Membership Application/Renewal

Name: \_\_\_\_\_

Organization/Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

☐ Enclosed is my check for \$ \_\_\_\_\_

### Membership Dues

- ☐ Sustaining Member \$200
- ☐ Organizational Member \$50
- ☐ Individual Member \$15

### Please check one:

- ☐ New Member
- ☐ Renewal

## HOW HEALTHY ARE MONTANA TEENS?

A representative sampling of Montana teens participated in a health survey specifically designed for adolescents. The survey included such topics as worries and concerns; social and mental health; risk-taking behaviors; eating behaviors; the use of alcohol, tobacco and other substances; and sexual behavior.

**A report of the most significant findings is now available!** The *Montana Adolescent Health Status* report provides important information to anyone who works with, lives with, or cares about our youth. You can receive your copy for only \$10.00.

Mail the completed order form below to Healthy Mothers, Healthy Babies -- The Montana Coalition, P.O. Box 876, Helena, MT 59624.

Please send me \_\_\_\_\_ copies of the *Montana Adolescent Health Status* report at \$10 per copy (includes postage and handling). Enclosed is my check or money order for \$ \_\_\_\_\_.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_





## News from Great Falls

Application for becoming Cascade County Chapter of Healthy Mothers, Healthy Babies will be submitted to the HMHB state office in the near future. Pending approval by the state board, Great Falls will formally be considered an HMHB local coalition.

The chapter's first project is a community forum planned for the evening of September 13th. Focusing on hunger and access to prenatal care in Cascade County, speakers will include Nancy Forbes from the local food bank, and Claire Del Guerra from the County Expansion Agency. These women will address the issues of the prevalence of hunger among Cascade County's mothers and children. Lori Glover, RN from the City-County Health Department will moderate a panel discussion on access to prenatal care. Panel members will include clients from the Better Beginnings Program and Dr. James Alford, a local obstetrician. Brainstorming sessions will follow the speakers' presentations.

By the end of the evening, those present will be better informed about existing problems and effects on the community. Individuals present will be challenged to join in the coalition's efforts to find solutions to these and other problems being addressed by Healthy Mothers, Healthy Babies.

If you are interested in attending the September 13th forum, contact Nancy Giles at 761-0410 or Lori Glover at 761-1190 for more information.

*"Children have never  
been very good at  
listening to their elders,  
but they have never  
failed to imitate them!"*

*--James Baldwin*

## HMHB Organizational Member Highlights

### Florence Crittenton Home and Services

Special help is available at the Florence Crittenton Home and Services in Helena for pregnant adolescents and young, single mothers with infants.

As times have changed so has the focus of the Crittenton Home. Once used as a place to hide during pregnancy, it now emphasizes a professional, comprehensive program for adolescents who, increasingly, come from dysfunctional families.

Today, the major emphasis is on counseling and education. Nearly all young women who come to the home have been sexually, emotionally, or physically abused. They need in depth therapy to deal with the abuse, as well as help in breaking the cycle of abuse.

The Crittenton Home provides the following services:

- *Counseling* – individual, group, and family counseling with emphasis on self-esteem, dealing with past abuse, making sound decisions, improving the quality of one's life, and taking responsibility for one's actions.
- *Special Classes* – prenatal and parenting classes, as well as support groups for new fathers and mothers.
- *Education* – young women attend Helena schools in the regular program or GED preparation. Volunteer tutors provide additional help after school.
- *Licensed Day Care* – Day Care is provided for infants while mothers attend school.
- *Adoption Planning* – adoption referral with licensed agencies, and support services are available for pregnant clients and their families.
- *Prenatal Care* – young women obtain prenatal care from Helena physicians with delivery at local hospital. Good nutrition and exercise is emphasized.
- *Maternity Program* – the Crittenton home provides a non-pressured atmosphere in a home-like environment where clients can receive unbiased counseling to help decide whether to plan adoption or plan to parent.
- *Mother/Baby Program* – young mothers learn effective parenting skills through instruction and supervision, and are prepared to face the reality of providing emotional, physical, and financial support for children.
- *Independent Living Training Program* – supervised apartment living within the group home provides a young mother with skills to live on her own.

The Florence Crittenton Home was founded in 1900 and is a private, non-profit agency licensed by the State of Montana Department of Family services. It is governed by a volunteer Board of Directors, and is funded by fees, donations, United Way, and bequests.

A ten-minute informational video is available on loan, free of charge to interested groups. The video describes the history of the Crittenton Home and the modification of services in nearly a century, as well as familiarizing viewers with young women who come to the Home.

More information can be obtained by writing the Florence Crittenton Home and Services, 846 Fifth Avenue, Helena, MT 59601, or calling 406-442-6950.

## SAVE THESE DATES!

**CELEBRATE KIDS!** is the theme of the 1990 Annual Early Childhood Conference to be held at the Holiday Inn in Missoula on October 19 and 20.

For additional information, contact Child Care Resources, P.O. Box 7038, Missoula, MT 59807 or call 728-6446.

~~~~~

The National Organization on Adolescent Pregnancy and Parenting, Inc. will hold its 1990 Annual Conference in Atlanta Georgia, October 18-20. The theme is "Teen Pregnancy: Root Causes... Real Solutions."

For additional information, contact: NOAPP, 4421-A East West Highway, Bethesda, MD 20814

Breastfeeding Initiative Update

As required by Public Law 100-147, USDA, with concerted efforts of the Breastfeeding Committee of the National Association of WIC Directors (NAWD), has developed an official national definition of *breastfeeding*:

A breastfeeding woman is one who breastfeeds or extracts her milk on an average of at least once a day.

The committee also finalized and circulated the *Guidelines for the Promotion of Breastfeeding in the WIC Program*, a collection of standards that will serve as a valuable resource in planning for enhanced promotion and support of breastfeeding in Montana. As a major step in this direction, Donald E. Pizzini, Director of the Montana Department of Health and Environmental Sciences, notified all local health officers, hospital administrators and others, that "it shall be the policy of the Montana Department of Health and Environmental Sciences to support and promote the education of women and the public in the values of breastfeeding."

Breastfeeding has been given high priority as a Year 2000 National Health Objective. Montana faces several challenges in attaining that objective in the state. A change in the overall societal attitude regarding breastfeeding will be necessary. In addition, the development of a data collection system is needed. The results of the hospital survey conducted by the State WIC program two years ago identified the inconsistency or in some cases, lack of uniform reporting, of incidence and duration of breastfeeding as a major problem.

The two recent WIC sponsored workshops, *Training and Management of Breastfeeding*, focused the attention of public and private entities concerned with improvement of the health and Montana's women and infants on the importance of breastfeeding. With an official national definition of breastfeeding, and established standards and guidelines, the Healthy Mothers, Healthy Babies Breastfeeding Committee can be optimistic that success is "within our reach."

Breastfeeding Matters, La Leche League of Montana

The health goals for the nation for the year 2000 include a statement about breastfeeding stating that 75% of women will leave the hospital breastfeeding their infant and at least 35% will continue to nurse for at least 6 months. Surgeon General, C. Everett Koop, took a firm stand in support of increasing breastfeeding rates in the US, saying, "We must identify and reduce the barriers which keep women from beginning or continuing to breastfeed their infants." *

Breastfeeding protects babies against illness.

Immune properties found in breastmilk prime the babies digestive and immune systems at birth and provide ongoing immune support as long as the baby receives breastmilk. These benefits not only improve short-term health with prevention of gastrointestinal and upper respiratory infections (the two major causes of visits to health care providers during infancy), but long-term benefits such as a decreased likelihood of juvenile diabetes, childhood cancer, hay fever, asthma and allergy.

Breastfeeding provides a

safety net for babies in disadvantaged environments.

Breastfeeding is unequivocally the better choice for infants, regardless of the mother's financial status. However, it may be more important to those with inadequate financial re-

sources or limited access to medical care. In addition to the immune and nutritional advantages babies receive with breastfeeding, breastmilk is free. In a sixth-month period, a savings of roughly \$500 can be realized. And, breast milk is always the right temperature, quantity, and quality.

A 1987 USDA report projected that if the various WIC services throughout the United States did not purchase formula for 1 month and clients were to breastfeed, annual savings for the federal government (and taxpayers) would amount to \$29 million -- that doesn't include the massive savings in health care that would result from reductions in gastrointestinal, upper respiratory and allergy-related illness. When looking at cutting healthcare costs for infants with mothers receiving public assistance, the potential savings to be realized by breastfeeding infants is sizable.

* taken from *Breastfeeding: A Guide for the Medical Profession* by Ruth Lawrence, Mosby, 1989.

These are but some of the many advantages breastfeeding offers. In coming Newsletters I would like to address breastfeeding questions, comments, or concerns you have. Please feel free to contact me: Linda Killion Healow, 312 Clark Avenue, Billings, MT 59101.

HMHB Week Baby Food Drive A Success!

Over 2,000 pounds of baby food were donated to Montana's food banks in celebration of Healthy Mothers, Healthy Babies week last May.

The drive was organized by HMHB volunteers in Helena, Great Falls, Billings, Missoula and Kalispell to inform the public about the special nutritional needs of young children.

Montana's First Lady, Mrs. Ann Stephens promoted the event by holding a press conference in the Governor's reception room. She encouraged Montanans' awareness of, and response to, the need for food for hungry children. In addition, Mrs. Stephens taped public service announcements that were aired on radio stations across the state.

Baby food is seldom donated to Montana's Food Banks. HMHB week made steps toward educating the public about food bank users. A common misperception is that food banks serve primarily transient adults. However, many people seeking the services are local families with young children, and there is little food to meet the special nutritional needs of youth and infants. The drive successfully helped heighten public awareness of the reality. It is hoped that future food bank supplies will reflect that new awareness. Do your part to help feed Montana's hungry children!

HMHB wishes to thank all volunteers for their hard work and support in making this event an overwhelming success!

Hunger in Montana

Hunger - Do you think about children going without food? Where are those children? Are they living in third world countries or in neighboring Montana communities?

According to the Hunger Survey completed by the Montana Hunger Coalition, there is hunger in Montana.

Who are the hungry people?

- They are families with children under 18.
- They are single-parent families, the working poor, and the elderly.
- They are people you may see in your agency or clinic; and they are people who, for one reason or another, do not seek assistance for food.

What is the Montana Hunger Coalition doing?

The coalition is working on several projects including:

- Public education, including a speakers bureau, media campaign, and newsletter
- A report summarizing the findings of the Hunger Survey
- A legislative agenda

- A hunger and homelessness conference
- Networking with Native American, low income, and migrant groups
- Application for a grant to establish a coordinator position for the Montana Hunger Council
- Nutrition education in schools

How can you become involved?

If you are interested in working to eliminate hunger in Montana, become a supporter of the Montana Hunger Coalition. You can donate your time or money. Volunteer to help with special projects of the Montana Hunger Coalition or send a check to the Montana Food Bank Network. *You can make a difference.*

The next Hunger Coalition meeting is scheduled for Thursday, October 11 from 1:00 to 4:00 p.m. in the HMHB conference room in Helena. If you want to help eliminate hunger in Montana, please attend this meeting.

For more information

Write the Montana Hunger Coalition, P.O. Box 876, Helena, MT 59624.

March of Dimes, Montana Big Sky Chapter

The Montana Big Sky chapter of the March of Dimes has officially launched its *Campaign for Healthier Babies*. It provides a long-term, dynamic framework to help carry out the primary mission of the March of Dimes - Promoting healthy babies by preventing birth defects and reducing the incidence of low birthweight and infant mortality. In conjunction with a national effort, Montana Big Sky Chapter will be working in our state toward the mission goal with three basic strategies:

- Mobilizing community resources
- Focusing public attention
- Targeting priority populations

In keeping with the mission, the Montana Big Sky chapter is pleased to announce the acceptance of two Montanans to the March of Dimes sponsored **Preceptorship Program on prevention of battering during pregnancy**. The program will be held at Texas Women's University, College of Nursing, Houston in September. Jacquelyn Stonnell, an RN with Gallatin County Health Department in Bozeman, and Mary Costello, a Public Health Nurse with the Missoula City-County Health Department, received partial scholarships to the program.

The March of Dimes will also hold its "Stars Behind Bars" campaign throughout Montana this fall. Arrestees will serve time to raise money to prevent birth defects.

In addition, the Montana Big Sky Chapter is gearing up for **Walk-America**. The official date is Saturday, April 27, 1991. All walks this year will be prepaid.

A state training session will be held in Helena October 13 and 14th for all chairmen.

REMEMBER: Mothers March
is just around the corner.

1990 HMHB Western Regional Conference a Success

Healthy Mothers, Healthy Babies, the Montana Coalition, held it's most successful conference to date. The Western Health Conference was held in Kalispell May 30 through June 2, 1990. It began with a "gang busters" session for state and local coalitions.

It finished with a Saturday morning "gold fish bowl." This was a very well attended round table on MCH issues of the day. The conference speakers stayed for this and contributed much to the event as did the conference attendees.

Special thanks to Kim Nelson and her very able assistant Terri Kirkland for their usual excellent job on the logistics.

The speakers, Dr. C. Arden Miller, and Dr. Everett Rhoades, were great. Special guests Dr. Jessie Bierman, Lori Cooper, David Altman, and William Hiscock added tremendously.



C. Arden Miller, M.D.

A lecture in honor of Dr. Jessie Bierman has been established.

The meeting itself was made up on three tracks: Maternal and Child Health, Perinatal, and Rural Health, with special emphasis on Adolescent Health.

A very special thanks to Frank Newman, AHEC, for coordinating the Rural track and to Dr. Jack Dolcourt, University of Utah, for coordinating the Perinatal track, without whose efforts our meeting would have been far less successful.



Jessie Bierman, M.D. and Marietta Cross, Board President, HMHB



Healthy Mothers, Healthy Babies
2030 Eleventh Avenue, Suite 10
P.O. Box 876
Helena, MT 59624

Non Profit Organization

U.S. POSTAGE
PAID

Helena, Montana
Permit No. 184

Mr. Richard Miller
State Librarian
Montana State Library
1515 East 6th Avenue
Helena, MT 59620